

# Knitlab

## 0.10\_SEED STITCH OR MOSS STITCH

Level up: let's see what happens if we alternate knits and purls on the same needle.

Seed stitch is a simple yet creative stitch, widely used in the Irish tradition of Aran sweaters as a base for cables.

It is also perfect to realize jackets, scarfs, and other accessories thanks to its compactness and reversibility.

The success in the realization of the moss stitch comes along with a trick: pay attention to the stitches on the previous row and work them the opposite of what you see: if in the row below you find a knit stitch then you will have to purl, and vice versa!

The easiest way to deal with the seed stitch, anyways, is to cast on an odd number of stitches so that you can always begin the row with a knit stitch.

So:

-Seed Stitch with an odd number of stitches:

1° row: \*Knit 1, purl 1; repeat from \* to end of row.

Aaaand repeat 1° row as you wish.

-Seed Stitch with an even number of stitches:

1° row: \*Knit 1, purl 1; repeat from \* to end of row.

2° row: \*Purl 1, knit 1; repeat from \* to end of row.

Start again from 1° row and repeat until you're done.



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